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Bellevue West Girls Basketball Camp Information Date: May 31 – June 3, 2022 Cost: \$50 Location: BW South Gym & Bellevue Lied Center



## Campers will receive T-Shirt and chances to win prizes

## Grades Times and Location: Grades 3-8: 9:00 – 11:00 am @ Bellevue Lied Center Grades 9-12: 1:00 – 3:00 pm @ Bellevue West South Gym

Campers will receive instruction from the Bellevue West Girls Basketball Coaching Staff. We will focus on fundamentals and improving on both offensive and defensive skills. **Grades 3-5:** Focus on fundamentals, ball-handling (basic and advanced), proper shooting form, working on proper footwork with shooting and layups, passing (both stationary and moving), working on moving w/o the ball, and defensive fundamentals. **Grades 6-8:** Continue to develop and expand on fundamentals. Ball-handling, both 1 and 2 ball drills, dribble drive moves, passing drills, shooting drills, screening, defensive fundamentals, and 3 on 3 games.

**Grades 9-12:** We will be working on skills and sets to get us ready for our summer leagues and camps. We will focus on offensive and defensive sets, and skill work.

Bellevue West Girls Basketball: State Champions: 2007, 2009, 2010 State Runner-Ups: 2011, 2013, 2014 State Appearances: 2002, 2005, 2006, 2007, 2009, 2010, 2011, 2013, 2014, 2015, 2016, 2022

Online Registration: http://bellevuewestcamps.myonlinecamp.com/

## **Registration Form**

Name:			-			
Address:						
School:		Grade:				
T-Shirt Size (Circle): Youth S	Youth M	Youth L	S	Μ	L	XL

## **Release of Liability:**

I, \_\_\_\_\_\_, release Bellevue Public Schools and The Lied Center of liability of injury due to participation in camp(s). By signing this agreement, I agree to hold Bellevue Public Schools/Lied Center entirely free from any liability for injuries incurred. By signing below, I forfeit all rights to bring a suit against Bellevue Public Schools/Lied Center for any reason.

Parent Signature
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Date

Send Forms and Payment to: Bellevue West High School Dane Bacon 1501 Thurston Ave Bellevue, NE 68123

Checks can be made out to Bellevue West

For Additional Bellevue West Girls Basketball Information Follow @LadyTBirdBBall via Twitter Email <u>dane.bacon@bpsne.net</u> Or text & call (308)627-5030